



**Information
and advice
on all questions
concerning
old age**

**We inform,
advise
and support –
in person,
by telephone
or online.**

**Telephone:
044 412 11 22**

**E-Mail:
zuerich-im-alter@zuerich.ch**

**Website:
www.stadt-zuerich.ch/zuerich-im-alter**



What we offer

Information and advice on questions about old age

Housing, support at home, health, activity and involvement, administration, finances and law

Preventive counselling with home visit

Information on topics such as health, social activity, nutrition, mobility and preventive care

Registration for municipal housing services for the elderly

Health centres for the elderly and housing provided by Stiftung Alterswohnungen der Stadt Zürich (SAW)

Support in the search for accommodation

Useful tips, preparation of application dossiers, help when looking for accommodation online

Online directory of services

Overview of what is available in the city of Zurich, as well as some interesting facts about old age

What we offer is aimed at older people in the city of Zurich and their relatives.

Just give us a call. We will be happy to inform and advise you – either by telephone, or in person at our offices in Seebach, Wipkingen or Klusplatz.

The consultations are confidential and free of charge.

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Gesundheits- und Umweltdepartement